

YOUTH VOL.1 **DIALOGUE** **CARDS**

Public Dialogue for Youth
Project 2024-3-PL01-KA210-YOU-000281015



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INDEX

OF YOUTH DIALOGUE CARDS



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- 1 **Personal Responsibility**
- 2 **Civic (Dis)engagement**
- 3 **Conflict**
- 4 **Disinformation**
- 5 **Economic Inequality**
- 6 **Freedom and Its Limitations**
- 7 **Social Media**
- 8 **Sustainable World**
- 9 **Money and Happiness**
- 10 **Temptations of Conformism**

START

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1



Personal Responsibility

INTRO

GO!

Personal responsibility means being accountable for your actions, decisions, and impact. In society, it intersects with political and collective duties.

May connect with:

Citizenship

Ethics

Justice

Governance

FACILITATION QUESTIONS

Warming up!

- What does personal responsibility mean to you?
- What's an example of taking responsibility in your daily life?

Going deeper ↓

- Where does personal responsibility finish and where does responsibility of politicians and government start?
- Can society function well if people avoid responsibility?

Closing reflections

- How can we balance individual freedom and collective responsibility?
- What can youth do to take more ownership of social change?



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Civic (Dis)Engagement

INTRO

Civic engagement involves participating in community and political life. Disengagement can signal frustration, distrust, or a lack of opportunities.

May connect with:

Democracy

Youth participation

Volunteering

Public trust

**GET
INVOLVED**

FACILITATION QUESTIONS

Warming up!

- What does being an active citizen mean to you?
- Have you ever felt motivated to change something in your community?

Going deeper ↓

- Why do some people stay engaged while others withdraw from civic life?
- Can civic disengagement ever be a political statement?

Closing reflections

- How can we support youth in becoming more civically involved?
- What inspires you to take action?



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3



Conflict

INTRO

Conflict is part of personal and social life. It can be destructive — or a driver of change when managed constructively.

May connect with:

Dialogue

Emotions

Identity

Peacebuilding

FACILITATION QUESTIONS

Warming up!

BE THE CHANGE

- How do you usually handle conflict?
- Is it possible to have a world without conflict?

Going deeper ↓

- “Every challenge is a conflict in its nature” © — do you agree?
- Can you recall a situation where conflict helped people grow or improve?

Closing reflections

- How can we turn conflicts into learning or transformation?
- What role can youth play in conflict resolution?



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Disinformation



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INTRO

Disinformation is deliberately false content designed to mislead. It threatens democracy, trust, and mental clarity.

May connect with:

Media literacy

Democracy

Trust

Technology

**FAKE
NEWS**

FACILITATION QUESTIONS

Warming up!

- Where do you usually get your news or information?
- Have you ever discovered that something you believed was false?

Going deeper ↓

- What makes disinformation so effective and hard to spot?
- Who should be responsible for stopping disinformation — users, governments, or tech platforms?

Closing reflections

- How can youth promote truth and critical thinking?
- What tools can help fight disinformation?



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Economic Inequality

INTRO

The gap between rich and poor shapes access to education, healthcare, and opportunity. It's one of the key challenges of modern societies.

May connect with:

Social justice

Access to opportunity

Taxation

Welfare systems

GAP

FACILITATION QUESTIONS

Warming up!

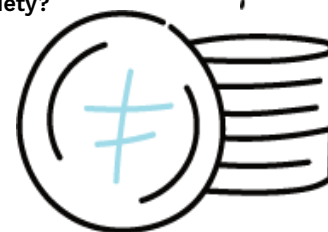
- What comes to your mind when you think of economic inequality?
- Do you see it around you?

Going deeper ↓

- What are the root causes of inequality in your society?
- Can a society be fair if inequality is growing?

Closing reflections

- What kind of actions could reduce inequality?
- How can youth support fairer economic systems?



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Freedom and its Limitations



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INTRO

Freedom is a core human value — but must sometimes be balanced with safety, order, and responsibility.

May connect with:

Rights

Law

Public good

Ethics

**BREAK
FREE**

FACILITATION QUESTIONS

Warming up!

- What does freedom mean to you?
- Can freedom ever be dangerous?

Going deeper

- When and why should freedom be limited, if at all?
- Is there a difference between personal freedom and social responsibility?

Closing reflections

- How can young people protect their freedoms while respecting others'?
- What is your vision of a truly free society?



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INTRO

Social media transforms how we connect, express ourselves, and shape opinions. But it also affects our attention, privacy, and self-esteem.

May connect with:

Influence

Expression

Digital wellbeing

Misinformation



FACILITATION QUESTIONS

Warming up!

- How much time do you spend on social media?
- What are your favorite platforms?

Going deeper ↓

- How does social media influence how we think or feel?
- Does it bring people together — or create more division?

Closing reflections

- How can youth use social media to create positive impact?
- What would a healthy online space look like?

**DIGITAL
MIND**

Social Media



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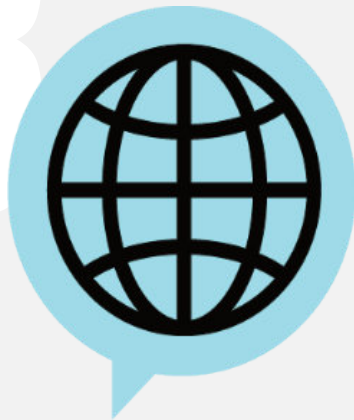
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8



Sustainable world

INTRO

A **sustainable world** ensures that people, planet, and prosperity thrive together. It requires rethinking how we live, consume, and relate to nature.

May connect with:

Climate action

Circular economy

Future generations

Community

PLANET
A

FACILITATION QUESTIONS

Warming up!

- What does sustainability mean to you?
- What habits do you have that support or harm the planet?

Going deeper ↓

- What are the main challenges to sustainability today?
- Is individual action enough, or do we need systemic change?

Closing reflections

- How can youth build a more sustainable future?
- What local actions or projects could make a difference?

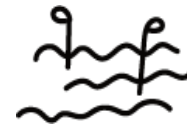


ACTIVITY: YOUTH AND CIVIL SOCIETY



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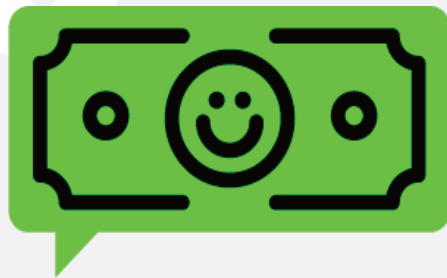
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Money and Happiness



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INTRO

Can financial success guarantee **happiness** — or does it sometimes create more stress than freedom?

May connect with:

Fulfillment

Consumerism

Wellbeing

Ambition



FACILITATION QUESTIONS

Warming up!

- How do you define success?
- Does money play a big role in your idea of happiness?

Going deeper

- Does financial success guarantee happiness?
- Can people with little money live fulfilling lives?

Closing reflections

- How can youth define happiness beyond wealth?
- What really brings meaning in your life?

SMILE!

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Temptations of Conformism



INTRO

In **environments** where social approval is rewarded, conformism can feel comfortable. But does it cost us our courage or innovation?

May connect with:

Courage

Creativity

Social norms

Activism

**SPEAK
UP**

FACILITATION QUESTIONS

Warming up!

- Why is it sometimes easier to stay silent or agree?
- Have you ever gone along with the group even when you disagreed?

Going deeper ↓

- What are the temptations of being a conformist?
- How can societies become more open to dissent and diversity?

Closing reflections

- What helps youth speak up for what they believe in?
- How do you personally resist the temptation to blend in?



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INDEX

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- 1 **Cycling Policies**
- 2 **Road Safety and security**
- 3 **Circular Economy**
- 4 **Emotional Management**
- 5 **Youth Volunteering**
- 6 **Sustainable Development Goals (SDGs)**
- 7 **Artificial Intelligence (AI)**
- 8 **Internet Addiction**
- 9 **Permaculture**
- 10 **Immigration**

START

YOUTH VOL.2 **DIALOGUE** **CARDS**

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1



Cycling policies

INTRO

Cycling policies promote safe, accessible and sustainable bicycle use in cities and communities. They help reduce traffic, pollution and improve public health.

May connect with:

Urban mobility

Environmental Impact

Public Infrastructure

Personal Health

GO!



FACILITATION QUESTIONS

Warming up!

- What comes to your mind when you think of cycling in your city?
- What are the advantages of using bicycles over cars?
- How would you describe a city that supports cycling?

Going deeper ↓

- Have you used a bike as your main way of transport? What was your experience?
- What makes it difficult or easy to cycle regularly in your area?

Closing reflections

- How could cycling policies be improved where you live?
- How can young people contribute to making cycling more popular and accessible?



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2



Road safety & security

INTRO

Road safety focuses on preventing accidents and ensuring that all users—drivers, cyclists, pedestrians—can travel safely. It involves laws, infrastructure, and awareness.

May connect with:

Public responsibility

Infrastructure

Behavior on the road

Youth awareness



FACILITATION QUESTIONS

Warming up!

- How safe do you feel when using roads in your area?
- What comes to your mind when you hear **“road safety”**?
- Who is responsible for road safety?

Going deeper ↓

- Have you ever witnessed or been involved in a road accident?
- What challenges do you see around road safety in your community?

Closing reflections

- What can we do to raise awareness and improve road safety?
- What **role can young people** play in creating safer streets?



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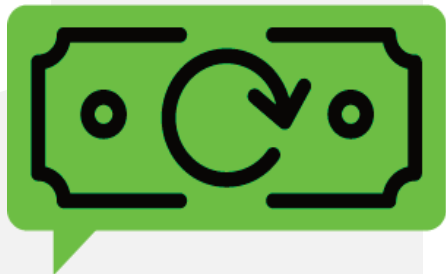
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3



Circular economy

INTRO

A **circular economy** is a system where resources are reused, repaired, recycled or shared instead of thrown away. It's about reducing waste and being more sustainable.

May connect with:

Sustainability

Waste reduction

Innovation

Consumer habits

FACILITATION QUESTIONS

Warming up!

RE THINK

- What do you understand by "circular economy"?
- Have you ever repaired or reused something instead of buying new?
- What do you usually do with items you no longer need?

Going deeper ↓

- What businesses or local activities promote circular economy?
- What are the barriers to adopting circular practices in your community?

Closing reflections

- How can we **encourage a circular mindset** in our schools or cities?
- What changes could you make in your daily life to support a circular economy?



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Emotional management

INTRO

Emotional management is the ability to recognize, understand, and handle our emotions in healthy ways. It helps us navigate stress, relationships, and personal growth.

May connect with:

Mental health

Communication

Conflict resolution

Self-awareness

FACILITATION QUESTIONS

Warming up!

- What emotions do you experience most often in your daily life?
- How do you usually react when you feel overwhelmed?
- How important is emotional awareness?

Going deeper ↓

- Can you share a moment where you managed your emotions well?
- What helps you stay calm in difficult situations?

Closing reflections

- What strategies could help youth develop emotional intelligence?
- How can we promote emotional wellbeing in schools and youth spaces?



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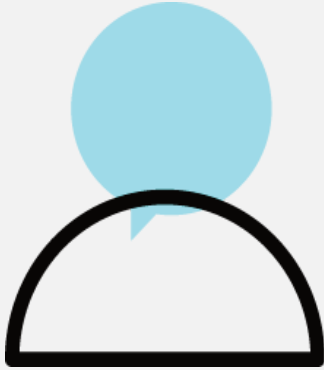
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5



Youth volunteering

INTRO

Youth volunteering means young people offering their time and skills to help others or contribute to a cause, often without receiving payment.

May connect with:

Community building

Personal growth

Active citizenship

Social Impact

YES!

FACILITATION QUESTIONS

Warming up!

- Have you ever volunteered? What was the experience like?
- Why do people choose volunteer?
- What causes are you passionate about?

Going deeper ↓

- Can you share an experience where you felt your volunteering made a difference?
- What challenges do volunteers face?

Closing reflections

- How can we encourage more youth to get involved in volunteering?
- What kind of volunteer project would you like to create or join?



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Sustainable Development Goals SDGs



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INTRO

The **SDGs** are 17 global goals set by the UN to promote peace, prosperity, and a healthy planet by 2030. They include goals like quality education, clean energy, and gender equality.

May connect with:

Global citizenship

Social justice

Climate action

Youth engagement

**MOVE
FORWARD**

FACILITATION QUESTIONS

Warming up!

- Have you heard about the Sustainable Development Goals before?
- Which SDG do you find the most important or urgent?
- Why do you think these goals matter?

Going deeper ↓

- Are there any SDGs you feel connected to in your life or community?
- How can individuals contribute to achieving the SDGs?

Closing reflections

- What projects or actions could your group take to support the SDGs?
- How can we raise more awareness about the goals?



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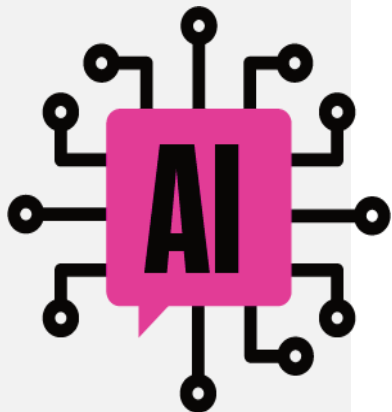
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Artificial intelligence



INTRO

AI refers to machines or systems that can perform tasks that normally require human intelligence. It can be found in apps, robotics, education, and even art.

May connect with:

Technology ethics

Employment

Education

Creativity



FACILITATION QUESTIONS

Warming up!

- Where have you seen AI in your daily life?
- What do you think AI can do better than humans?
- What are some pros and cons of AI?

Going deeper ↓

- How do you feel about the growing use of AI in society?
- What concerns or hopes do you have about its future?

Closing reflections

- How should you prepare for a future with more AI?
- How can we ensure AI is used ethically and for good?

**DIGITAL
MIND**



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Internet addiction

INTRO

Internet addiction refers to excessive or compulsive use of the internet that interferes with daily life, responsibilities, or mental health.

May connect with:

Screen time

Mental health

Balance

Digital wellbeing



CONNECTED
?



FACILITATION QUESTIONS

Warming up!

- How many hours a day do you spend online?
- What do you usually do when you're connected?
- How do you feel when you can't use the internet?

Going deeper



- Have you ever tried to reduce your screen time? How did it go?
- What are the signs that someone might have internet addiction?

Closing reflections

- How can we find a healthy balance with technology?
- What strategies can help youth manage their internet use?



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Permaculture

INTRO

Permaculture is a way of designing systems—like gardens, farms, or communities—based on nature's principles. It's about sustainability, self-sufficiency, and caring for the Earth.

May connect with:

Ecology

Community gardens

Climate action

Regenerative practices

Warming up!



FACILITATION QUESTIONS

- Have you heard of permaculture before? What do you think it involves?
- What's your relationship with nature and the environment?
- What do you imagine permaculture farm looks like?

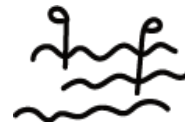
GROW!

Going deeper ↓

- What sustainable habits or actions have you adopted?
- Are there permaculture projects in your area?

Closing reflections

- How can permaculture be introduced in schools or youth spaces?
- How could you start applying permaculture ideas in your daily life?



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Immigration



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INTRO

Immigration is when people move from one country to another to live or work. It can bring challenges and opportunities for individuals and societies.

May connect with:

Identity

Integration

Discrimination

Multiculturalism

SUPPORT

FACILITATION QUESTIONS

Warming up!

- What does the word "immigration" mean to you?
- How diverse is your community?
- Do you know someone who has migrated?

Going deeper ↓

- What are some challenges immigrants might face?
- How can societies become more welcoming and inclusive?

Closing reflections

- How can youth support immigrants or raise awareness?
- What role does empathy play in building inclusive communities?



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INDEX

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- 1 **The Right to Fail**
- 2 **Talents for Social Impact**
- 3 **Life Purpose**
- 4 **Entrepreneurship Beyond Profit and Resources**
- 5 **Financial Literacy**
- 6 **Innovation and the Future of Work**
- 7 **Digital World and the Environment**
- 8 **Sustainable Fashion**
- 9 **Opportunities for education**
- 10 **Stress Management**

START

YOUTH VOL.3 **DIALOGUE** **CARDS**

Public Dialogue for Youth

Project 2024-3-PL01-KA210-YOU-000281015



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1



The right to fail

INTRO

Everyone should have space and **freedom to make mistakes**, learn, and grow without fear of judgment or punishment.

May connect with:

Resilience

Education

Mental health

FACILITATION QUESTIONS

Warming up!

- Can you share an example where failure taught you something?
- How do different cultures or communities view failure?
- Do you see failure as something negative or useful?

Going deeper ↓

- How can we create safe spaces to fail and learn?
- What's the difference between a "healthy" failure and a destructive one?
- How does fear of failure limit young people's choices?

Closing reflections

- What would you tell a friend afraid of failing?
- How can society support people after setbacks?
- What risk would you take if failure had no stigma?

GO!



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2



Talents for Social Impact

INTRO

Using **personal skills and strengths** not only for self-fulfillment and personal success but also to benefit communities and improve society.

May connect with:

Youth empowerment

Activism

Community building

FACILITATION QUESTIONS

Warming up!

Who inspires you by using their talents to help others?

- What personal strength are you most proud of?
- What social issues do you care about most?

INSPIRE

Who inspires you by using their talents to help others?

Going deeper ↓

- What barriers stop young people from using their talents socially?
- How can communities support young talents for common good?
- Should using your talents for others be a responsibility or a choice?

Closing reflections

- How can we help each other find ways to contribute?
- What **one step could you take** this week to use your talent for others?
- How would you feel if your talent made a difference for someone?



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3

Life purpose

INTRO

Finding meaning and direction that connects personal values and passions with contributing to something larger that gives meaning to life.

May connect with:

Values

Self-discovery

Fulfillment

FACILITATION QUESTIONS

Warming up!

GO FOR IT!

- When do you feel most alive?
- What activities make you lose track of time?
- Who do you look up to as someone living with purpose?

Going deeper ↓

- Is purpose discovered or created? Can it change in life?
- How can external expectations shape or block our purpose?
- Can purpose change in different life stages?

Closing reflections

- What would you do if you knew you couldn't fail?
- How can we support others in their search for purpose?
- What small action today could bring you closer to your purpose?



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Entrepreneurship beyond profit and resources



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INTRO

Entrepreneurship can be about creativity, solving problems, and impact—not just profit. Even with limited resources, new ideas and innovation can create positive change.

May connect with:

Social entrepreneurship

Innovation

Economic opportunity

FACILITATION QUESTIONS

Warming up!

- Can you think of a business that cares about more than profit?
- What would motivate you to start your own venture?
- Do you know someone who created something with few resources?

Going deeper ↓

- How can entrepreneurs balance profit and positive change?
- Can lack of resources lead to innovation?
- What role should communities play in supporting young entrepreneurs?

Closing reflections

- What kind of entrepreneur would you want to be?
- What first step could you take toward starting something?
- How can we encourage entrepreneurship that benefits society?

GO!

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Financial Literacy

INTRO

Understanding money—saving, investing, budgeting—is an essential life skill for independence and equality.

May connect with:

Economic justice

Education

Life skills

FACILITATION QUESTIONS

Warming up!

- What money lesson did you learn from your family?
- Where do most young people get financial knowledge from?
- Do you feel confident about managing money?

Going deeper ↓

- Is financial literacy a personal or systemic issue?
- How does financial literacy influence equality in society?
- Should schools teach money skills as a core subject?

Closing reflections

- What financial skill would you most like to master?
- How can peers help each other with money knowledge?
- What one change could you make to be more financially independent?



YES!



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Innovation and the future of work



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INTRO

Technological change reshapes jobs and skills. How can young people prepare for a shifting labor market?

May connect with:

Education

Digital skills

Economic transformation

**MOVE
FORWARD**

FACILITATION QUESTIONS

Warming up!

- What jobs exist now that didn't 20 years ago?
- How has technology changed work in your family?
- What job would you like to have in the future?

Going deeper ↓

- Which jobs are most likely to **be automated**?
- How should schools prepare us for unknown jobs?
- What new opportunities might technology create?

Closing reflections

- What skills will matter most in the future?
- How can we **support each other to** adapt to changes?
- What one skill could you start learning now for future work?



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INTRO

Phones, computers, and data centers have a hidden environmental cost through energy use and e-waste.

May connect with:

Sustainability

Technology

Consumer habits



FACILITATION QUESTIONS

Warming up!

- What happens to your old devices?
- How often do you replace your gadgets?
- Do you ever think about the energy behind the internet?

Going deeper ↓

- How can we balance the benefits of technologies with its environmental cost?
- Should companies or individuals take more responsibility?
- What innovations could make digital life more sustainable?

Closing reflections

- What small digital habit could you change to reduce impact?
- How can we raise awareness of tech's hidden costs?
- What's one action youth could take collectively?

DIGITAL
MIND

Digital world and the environment



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Sustainable fashion

INTRO

Fast fashion harms the planet. Sustainable choices can reduce waste while still allowing self-expression.

May connect with:

Consumer culture

Creative identity

Waste reduction

FACILITATION QUESTIONS

Warming up!

- Where do most of your clothes come from?
- What influences your clothing choices most?
- Do you ever reuse or upcycle clothes?



Going deeper

- How does social media drive unsustainable/fast fashion?
- What barriers exist for sustainable fashion?
- How can fashion be both affordable and sustainable?

FAST FASHION ?

Closing reflections

- What would sustainable fashion look like to you?
- How can we change attitudes among peers?
- What small step could you take in your own fashion habits?



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Opportunities for education



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INTRO

Is modern education preparing young people with the knowledge and skills needed for real life and to face real-world challenges and global opportunities?

May connect with:

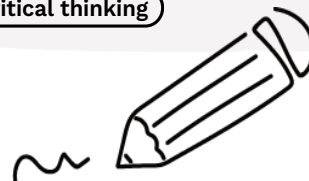
Skills for the life

Equity

Critical thinking

FACILITATION QUESTIONS

Warming up!



- What do you wish school had taught you better?
- What motivates you most to learn?
- What's the biggest gap between school and real life?

Going deeper ↓

- Should education prepare workers, citizens, or whole people?
- How should schools adapt to social and technological changes?
- What role should creativity and emotional skills play?

Closing reflections

- If you could redesign education, what would you change?
- How can students push for positive changes?
- What one skill would make education more meaningful to you?

GROW!

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Time and stress management



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INTRO

Balancing time, tasks, goals, and pressures is essential for wellbeing and productivity.

May connect with:

Mental health

Work-life balance

Self-care

FACILITATION QUESTIONS

Warming up!

- What stresses you out the most day to day?
- How do you usually cope with stress?
- What's the hardest part of managing your time?

Going deeper ↓

- How does poor time management fuel burnout?
- What techniques work best for managing time?
- How can mindfulness or self-care reduce stress?

Closing reflections

- What one change could help you **manage time better**?
- How can we support each other in healthy habits?
- What small daily routine helps you feel balanced?

BALANCE

